

## **PICO Question:**

*Do children with bilateral implants perform better in word recognition in quiet and in noise tasks as compared to children with a unilateral implant plus a hearing aid in the non-implanted ear?*



**PRESENTED BY:  
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# Resources Searched:



<b>Data Bases Searched:</b>	<b>Keyword Search Terms:</b>	<b>Number of Hits:</b>
Pubmed - September 8, 2008	Bilateral Cochlear Implants	430
Pubmed - September 8, 2008	Pediatric Bilateral Cochlear Implants	26
USF library - September 8, 2008	Bilateral Cochlear Implants	2 books
USF library - <u>MetaSearch</u> - September 15, 2008	Bilateral Cochlear Implants	72
USF library - <u>MetaSearch</u> - September 15, 2008	Pediatric Bilateral Cochlear Implants	55
Google - September 15, 2008	Sound localization and speech intelligibility in noise in unilaterally and bilaterally implanted children	674

# Search Strategies:



## ● *Inclusion Criteria:*

- Population: Pediatrics
- Intervention: Bilateral CI
- Comparison: CI + HA
- Outcomes: Word recognition in quiet and in noise tasks

## ● *Exclusion Criteria:*

- Study involving only adult populations
- Studies without word recognition in noise tasks
- Studies published from cochlear implant companies (Cochlear) (included case study and information article)
- Studies without a hearing aid plus cochlear implant group
- Studies with less than four children

# Articles Selected:



- *Thirteen articles were pertinent from searched resources.*
- *Three articles remained after applying the inclusion and exclusion criteria.*
- *All were Level III peer reviewed studies.*
  
- Litovsky, R. Y., Johnstone, P. M., & Godar, S. P. (2006). Benefits of bilateral cochlear implants and/or hearing aids in children. *International Journal of Audiology, 45*(Supplement 1), S78-S91.
- Peters, B. R., Litovsky, R., Parkinson, A., & Lake, J. (2007). Importance of age and post-implantation experience on speech perception measures in children with sequential bilateral cochlear implants. *Otology and Neurotology, 28*(5), 649-657.
- Zeitler, D. M., Kessler, M. A., Terushkin, V., Roland, J. T., Svirsky, M. A., Lalwani, A. K., & Waltzman, S. B. (2008). Speech perception benefits of sequential bilateral cochlear implantation in children and adults: a retrospective analysis. *Otology and Neurotology, 29*(3), 314-325.

# Description:



- Three comparative studies were found involving children that evaluated word recognition in quiet and noise tasks for bilateral cochlear implant users and subjects with unilateral implants + a hearing aid in the non-implanted ear.

First Author and Year of Publication	Location	Comparison	Control	Number of patients	Outcomes
Litovsky, 2006	USA	CI + CI and CI + HA	Concurrent	20	Speech intelligibility in quiet and noise (CRISP) and Minimum Audible Angle (MAA)
Peters, 2007	USA	CI + CI and CI + HA	Time-series	30	Speech intelligibility in quiet and noise
Zeitler, 2008	USA	CI + CI and CI + HA	Time-series	43	Speech intelligibility in quiet and noise

# Background:



- Binaural hearing is associated with:
  - Improved speech understanding in quiet and in noise
  - Improved sound localization ability
- Even with cochlear implants, patients have difficulty localizing and understanding speech in everyday noisy situations.
- Normal hearing listeners use two ears to compensate for these difficulties, so bilateral cochlear implants are now being used to improve localization and speech understanding in noise.
- Bilateral CI users get this information from the head shadow effect, binaural squelch, and binaural summation.

# Litovsky et al. (2006)



- Subjects:
  - CI-CI group
    - ✦ 10 children ages 3-14
    - ✦ First CI implanted at least one year prior to 2<sup>nd</sup> CI
    - ✦ All children had auditory verbal/speech therapy
    - ✦ All mainstreamed in an age appropriate grade level
    - ✦ Equalized loudness between implants
    - ✦ Variable histories
  - CI-HA group
    - ✦ 10 children ages 6-14
    - ✦ All identified by age 2 and implanted between 1.5-8.5 years
    - ✦ Attempted loudness balancing
    - ✦ Variable histories

# Litovsky et al. (2006)



- **Experiments:**

- Speech intelligibility in quiet and noise
  - ✦ 25 picture spondees
  - ✦ 4 alternative forced choice to find SRTs (79.4%) on computer
- MAA

- **Results:**

- SRTs were lower in quiet than in all other conditions
- Bilateral CIs and bimodal hearing resulted on average with similar SRTs
  - ✦ The level at which they are able to correctly identify spondaic words is not different

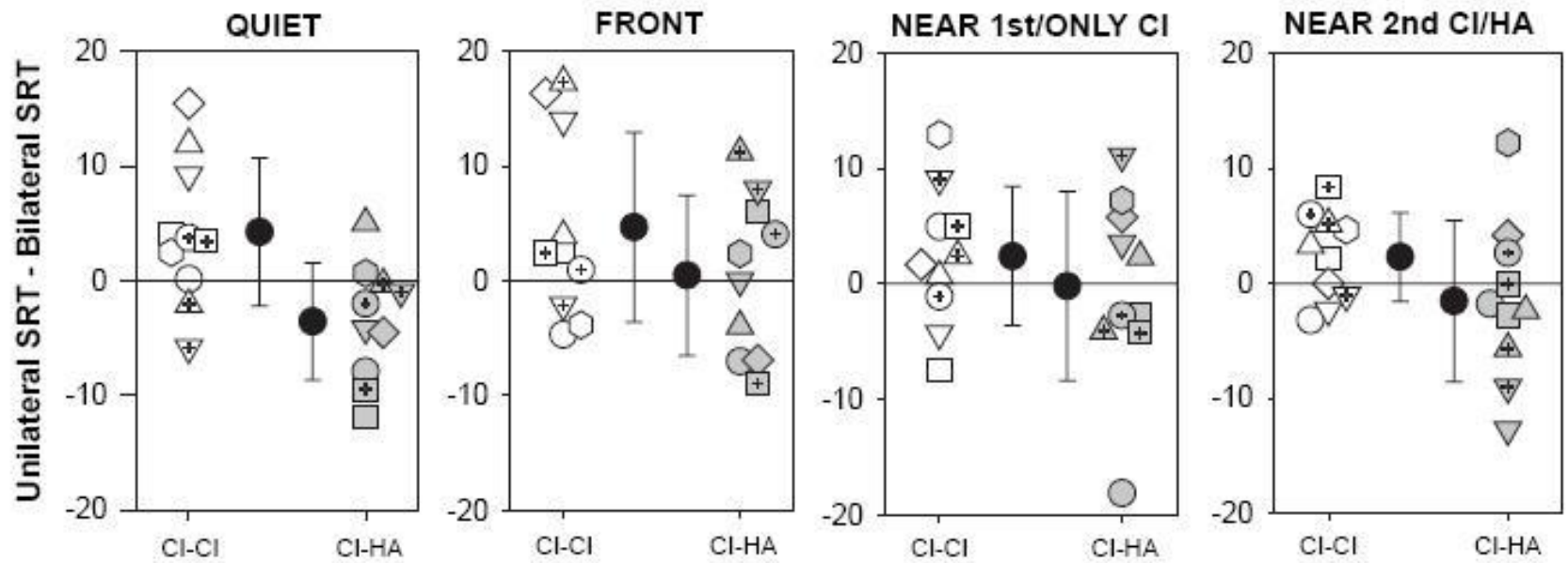
# Litovsky et al. (2006)



- **Results cont:**

- SRTs were higher when the competitors were in front than near the second CI or HA
  - ✦ Spatial release from masking
    - Difference between SRT with noise in front or at 90 deg on side
- CI-CI group there was sig. correlations for SRM when noise was near the first CI side for bilateral and monaural mode
- CI-CI s do better when noise is towards 2<sup>nd</sup> CI
- Sig. effect of group for bilateral advantage for CI-CI group as compared to CI-HA group regardless of noise or quiet
  - ✦ 2 ear advantage was seen in CI-CI group: SRTs improved in bilateral mode
  - ✦ CI-HA: some did worst, had disruption, as seen by CRISP test

# Litovsky et al. (2006)



Bilateral Advantage

# Litovsky et al. (2006)



- **Conclusions:**
  - Children with two CIs perform significantly better than children with bimodal hearing on speech intelligibility tasks when using two devices compared with a single device

# Peters et al. (2007)



- **Subjects:**
  - 30 children (3-13 years)
    - ✦ First implant before 5 years
    - ✦ No speech or cognitive problems
    - ✦ Implants were Nucleus 22, 24, or 24 Contour in implanted ear and Nucleus 24 Contour or 24 Contour advanced in the second ear
    - ✦ Age Groups based on time of 2<sup>nd</sup> implant:
      - Group 1: 3-5 years
      - Group II: 5 years 1 month – 8 years
      - Group III: 8 years 1 month – 13 years

# Peters et al. (2007)



## ● Experiments:

### ● In quiet:

- Bilateral/unilateral testing pre-op and 3, 6, and 12 months after 2<sup>nd</sup> device implanted
- Tests: MLNT (group 1), LNT (group II and III), and HINT-C sentences in quiet (group III only)

### ● In noise:

#### ◦ CRISP test

- Compared monaural and bilateral performance at 3, 9 month post-op
- Familiarized with a series of 25 picture/sound combinations
- 4 test condition: In quiet, target front with noise front, right, and left) Tested bilaterally and with first ear alone

# Peters et al. (2007)

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<b>Results In Quiet:</b>	<b>Group I</b>	<b>Group II</b>	<b>Group III</b>
First ear did not significantly change	X	X	X
Second ear significantly changed with each time interval	X	X Except 6-12 month interval	X Only pre-op to 6 months
Second ear reached performance of the first ear	X		
Second ear was not sig. different than the first/bilateral condition at 12 months	X	X	
Bilateral score was not sig. different from the first ear	X	X	X
Bilateral 12 month score was sig. better than pre-op score with a CI+HA	X		X

# Peters et al. (2007)



<b>Results In Noise:</b>	<b>Group I</b>	<b>Group II</b>	<b>Group III</b>
Subjects at 3 months:			
No significant difference between bilateral and first ear conditions	X	X	X
Subjects at 9 months:			
No significant difference between bilateral and first ear conditions	X		
Bilateral scores were sig. better than scores with first ear alone when noise is at front or at first CI			X
Difference between score for bilateral and first CI is largest when noise is directed at first CI	X	X	X
Performance in bilateral configuration was sig. better for all noise conditions especially when noise was directed toward the first implant	X	X	X
Bilateral score with noise at first implant had 13.2% improvement	X	X	X
Bilateral score with noise front and at second implant had 6.8% improvement	X	X	X
Increased advantage with bilateral over first ear with additional 6 months experience regardless of noise location	X	X	X

# Peters et al. (2007)



- **Conclusions:**

- Successful users of the first device are able to obtain open-set speech discrimination in their second ear even when receiving the second implant as late as 13 years of age
- Speech perception scores in second ear improved:
  - ✦ During first 6 months of implant for all children
  - ✦ For 12 months in children under 8
- Speech perception scores in second ear improved at faster rate and higher final level at 12 months in youngest children
- In oldest group scores remained far less than first ear
- Better speech perception scores in background noise in bilateral condition than with single implant
- In quiet, did not reach significance due to small measured differences and small number of subjects

# Zeitler et al. (2008)



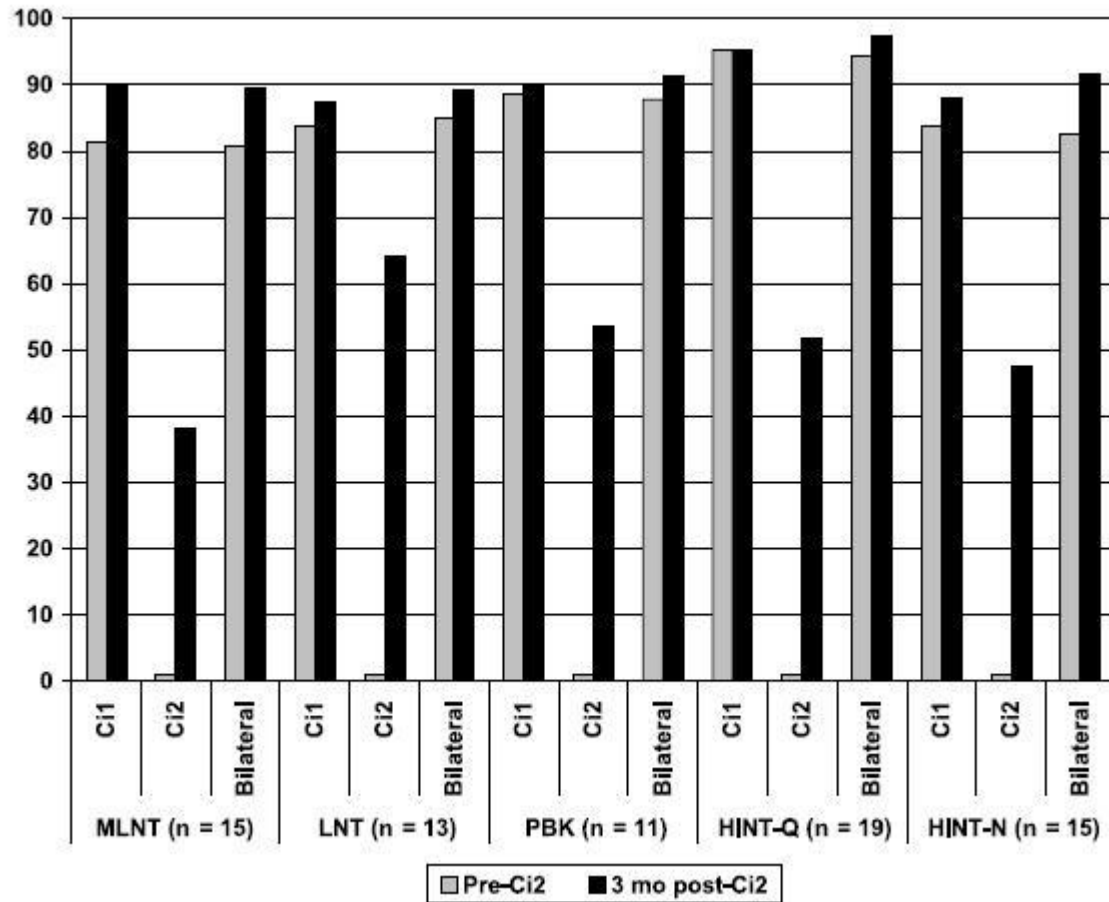
- **Subjects:** (also included adults but not discussed here)
  - 43 pediatric patients
  - Bilateral severe-to-profound SNHL
  - English speaking
  - Minimum of 6 months between the first and second surgeries
  - First implants from under 12 months to over age 5
  - Mean time for amplification in second ear was 2.1
  - Different histories
  - Different processors

# Zeitler et al. (2008)



- **Experiments:**
  - Tested in sound field
  - Tested pre-op and 3 months post-op for second CI
  - Tested in CI1 alone, ear to be implanted (HA/CI2), and bilaterally (CI+HA/CI+CI)
  - Children tested with the BKB-SIN in quiet and in noise
  - Speech presented in front and noise presented in front, or at either ear

# Zeitler et al. (2008)



# Zeitler et al. (2008)



- **Results In Quiet:**

- No performance change in the first ear for words in quiet tests
- Significant improvement in CI2 alone and bilateral performance after implant of second ear for words in quiet tests
- For MLNT and HINT-Q; correlation indicates the shorter the length of deafness in CI1, the better the performance post CI2
- Length of CI2 did not influence results
- At 3 months post-op, in quiet situations, improvement was seen

# Zeitler et al. (2008)



## ● Results In Noise: HINT-N Test

- Significant improvement in mean scores for CI2 and bilateral conditions with no significant change in CI1
- Age at time of CI2 and length of deafness in CI1 and CI2 were negatively correlated with performance
- Greater the time between implants, the lower the absolute score, absolute difference, and % change when CI2 was tested
- Older age at 2<sup>nd</sup> implant impacted adversely on bilateral score, performance in CI2 and absolute improvement, and % change in score in CI2 at 3 months
- Longer the length of deafness in first ear, poorer outcomes in bilateral conditions at 3 months after 2<sup>nd</sup> implant
- Length of deafness in 2<sup>nd</sup> ear to be implanted increased, scores for bilateral condition and CI2 alone were poorer at 3 months after second implant
- Time between implant and length of deafness negatively influenced performance
- 12 month data found improvement in speech understanding in noise over time

# Zeitler et al. (2008)



- **Conclusion:**

- Sequential bilateral implants can provide improved open set speech understanding that increases over time
- Improvement may take longer in children

# Methods:



- All 3 studies:
  - Not randomized
  - Included information about inclusion criteria
- Litovsky et al. (2006)
  - Subjects:
    - ✦ Various etiologies
    - ✦ All had CI mappings and HA fittings performed by own clinicians prior to study
    - ✦ Vary in age, device, amount of 1<sup>st</sup> CI experience, and amount of CI-CI experience
- Peters et al. (2007)
  - All implanted with same brand of CI (Cochlear)
  - Divided into three age groups
- Zeitler et al. (2008)
  - Retrospective study
  - Subjects:
    - ✦ Various etiologies
    - ✦ Various devices and strategies used

# Conclusions:

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- Overall, studies showed more improvement in speech understanding with bilateral implants than just a cochlear implant and hearing aid in the opposite ear.
  - However, have to consider the characteristics of each patient separately such as:
    - ✦ Age
    - ✦ Time between implants
    - ✦ Length of deafness

# Articles Not Critically Appraised:



- **Study involving only adult populations:**
- Noble, W., Tyler, R., Dunn, C., & Bhullar, N. (2008). Unilateral and bilateral cochlear implants and the implant-plus-hearing-aid profile: Comparing self- assessed and measured abilities. *International Journal of Audiology*, 47(8), 505-514.
- **Studies without word recognition in noise tasks:**
- Bauer, P. W., Sharma, A., Martin, K., & Dorman, M. (2006). Central auditory development in children with bilateral cochlear implants. *Arch Otolaryngology Head Neck Surgery*, 132, 1133-6.
- Beijen, J-W., Snik, A., & Mylanus, E. (2007). Sound localization ability of young children with bilateral cochlear implants. *Otology & Neurotology*, 28, 479-485.
- Litovsky, R., Johnstone, P., Godar, S., et al. (2006). Bilateral cochlear implants in children: localization acuity measured with minimum audible angle. *Ear & Hearing*, 27, 43-59.

# Articles Not Critically Appraised:



- **Studies without a hearing aid plus cochlear implant group:**
- Galvin, K., Mok, M., & Dowell, R. (2007). Perceptual benefit and functional outcomes for children using sequential bilateral cochlear implants. *Ear & Hearing, 28*, 470-482.
- Kuhn-Inacker, H., Shehata-Dieler, W., Müller, J., & Helms, J. (2004). Bilateral cochlear implants: a way to optimize auditory perception abilities in deaf children? *Intl J Pediatric Otorhinolaryngology*, 68, 1257-1266.
- Litovsky, R., Johnstone, P., Parkinson, A., Peters, R., & Lake, J. (2004). Bilateral cochlear implants in children. *International Congress Series, 1273*, 451-454.
- Litovsky, R., Parkinson, A., Arcaroli, J., Peters, R., Lake, J., Johnstone, P., & Gonqiang, Y. (2004). Bilateral cochlear implants in adults and children. *Arch Otolaryngology Head Neck Surgery, 130*, 648-655.
- Scherf, F., van Deun, L., van Wieringen, A., et al. (2007). Hearing benefits of second-side cochlear implantation in two groups of children. *Int J Pediatric Otorhinolaryngology, 71*, 1855-63.
- Wolfe, J., Baker, S., Caraway, T., et al. (2007). 1-year postactivation results for sequentially implanted bilateral cochlear implant users. *Otol Neurotol ogy, 28*, 589-596.

# Additional Resource:



- If interested in more bilateral cochlear implantation peer reviewed journal articles as of February 2008, check out...
- <http://www.bionicear.com/UserFiles/File/Bilateral%20Reference%20List-February%202008.pdf>